



**THE CORPORATION OF THE
TOWNSHIP OF MATACHEWAN**

Attention

Swimmer's itch

Bathers should always rub down briskly with a coarse towel when emerging from the water since the larvae do not penetrate the skin until the water evaporates.

- **Showering immediately after leaving the water may reduce infection.**
- **Applying waterproof sunscreen may also help reduce the number of larvae penetrating the skin.**
- **Use a fresh towel every time you go swimming.**